



RRA
Research Recreation Association

HAPPY TIMES

SOUTHWEST RESEARCH INSTITUTE • RRA.SWRI.ORG • SAN ANTONIO, TX • February 2025

HAPPY VALENTINE'S DAY FROM THE RRA



**Roses are RED,
Violets are Blue,
You're a part of the SwRI Family
and we ♥ you!**

**Fri., Feb. 14, 2025
11:30 AM to 1:00 PM
&
4:30 PM to 5:30 PM
while supplies last**



Drive through to pick up
FREE sweets & flower treats
in the Slick Cafe parking lot.

Open to SwRI and SwRCFCU
employees.
One gift per person.

2025 WEBINAR SCHEDULE



Here for you as life happens...




Compliments of Your EAP

Leadership Webinar

- 1/15 Managing the Challenge of Change
- 4/16 Mental Health Awareness for Leaders
- 7/16 Effective Leadership
- 10/15 Managing a High Stress Environment

Wednesdays 3pm-4pm (CT)

alliance work partners 

Join us one afternoon a month for a complimentary 60-minute webinar training. Reserve your seat online through our registration link, distributed via email within two weeks of each webinar.

Contact us!



512.328.8519
888.327.4636
awpnow.com

Jan. 8th (3pm) & 16th (11am)

Time Management

Feb. 12th (3pm) & 20th (11am)

Keeping Your Cool Even When Other Don't

March 12th (3pm) & 20th (11am)

Positive Psychology in the Workplace

April 9th (3pm) & 17th (11am)

Financial Fundamentals: *Preparing for Retirement, Living Wisely Everyday, and Budgeting*

May 14th (3pm) & 22nd (11am)

Mental Health Awareness

June 11th (3pm) & 19th (11am)

Effective Listening

July 9th (3pm) & 17th (11am)

Stand Up to Your Stress

August 13th (3pm) & 21st (11am)

First Class Customer Service

September 10th (3pm) & 18th (3pm)

Receiving Feedback

October 8th (3pm) & 16th (11am)

Decision-Making Skills

November 12th (3pm) & 20th (11am)

Managing Holiday Stress

December 10th (3pm) & 18th (11am)

Choosing Happiness

VOLUNTEERS

NEEDED!

FOR RRA EVENTS!

Email [Martha Olveda](#) to have your name added to the volunteer list through SignUpGenius for future events.



THE SCIENTIST'S GAMBIT



CHESS CLUB

The **SwRI RRA Chess Club** meets every 2nd and 4th Thursday of each month from 12:00 p.m. to 1:00 p.m. at the SwRI Library Reading Room on the 1st floor. All ages and skill levels are welcome. Learn, practice, sharpen your chess skills, make friends, and become part of our great family. Contact [Valerie Avila](#), [Christopher Ramirez](#), or [Darren Haby](#) for more information.

Congratulations to STX Venum!

Fall Softball Champions!



Basketball Intramurals 2025!



Registration for the 2025 basketball now open! Register [here](#).

San Antonio Stock Show & Rodeo®

SwRI, TX Biomed, and CU Employees can access tickets now for the 2025 San Antonio Stock Show & Rodeo! Enjoy the ease of purchasing individual rodeo tickets, Star Experience tickets, and carnival vouchers with this [link](#) and the passcode **CHAMUN**.

- Must use your work email address in order to purchase as offer is limited to SwRI, TX Biomed, and CU employees only and print at home is the only delivery option for single event Rodeo tickets.

◦ @swri.org ◦ @txbiomed.org ◦ @swrcfcu.com

For information on Fairgrounds Passes, Carnival Vouchers, Individual Tickets, Season Tickets or Mini-Plan packages, please contact Rodeo Ticket Committee Member Charlotte Muniz at 512-656-9386 or email cmuniz60@yahoo.com.

Visit www.sarodeo.com for updated entertainer announcements and information.



Group Bike Rides

Tuesdays at 12:15-1:00 p.m.
Any type of bike is welcome!

For inquiries, contact
matthew.neugebauer@swri.org.

All routes will exit the campus via the south gate and be roughly 45 minutes in duration at around a 15 mile per hour pace. It will be a “no drop” ride, meaning no rider will be left behind or isolated if they are unable to keep up.

GARDEN CLUB

It is time to get ready for your Spring Garden. Plots are available. The **Garden Club** has in-ground and raised bed plots ready for immediate adoption. If you are interested in joining the Garden Club and taking over a plot, please contact **E. Robert Fanick at 210-467-8964** to schedule a time to see what is available. Happy Gardening!

RRA Blood Drives

SAVE A LIFE/ GIVE BLOOD

February 13 (Thurs. 9AM – 3PM)

March 13 (Thurs. 9AM – 3PM)

Schedule your appointment at RRA Blood Drive. Bring a co-worker too! Blood donors must wait at least eight weeks between donations.

FREE ICE CREAM at all RRA Blood Drives

Slick Talkers Toastmasters Club

Slick Talkers meets every "time-sheet" Friday. If you want to improve your speaking and leadership skills, Toastmasters is for you. Following the guidance of Toastmasters International, you learn at your own pace. This is also an opportunity to network with other SwRI staff and folks in the nearby community. A Toastmasters club is a safe place to practice the skills you want to improve.

Our meetings are held every time sheet Friday 11:30 a.m.-12:30 p.m. in Building 71, 1st floor Conference Room.

February Meeting Dates: 14 & 28

*Please join us. Questions?
Contact Belen at x6820.*

RRA CLASSIFIED

Appliances

LG Washing Machine: 5.0 cubic feet, top load washer, Wi-Fi enabled, Model #WT300CV; in good condition, pick up only; \$300; for details contact Christine at 210-394-7144 or c.nuanes-rodriguez@swri.org.

GE Dryer: new still in box, 28in electric dryer 7.8 cubic feet, Model #GFD55ESSNWW, white color, pick up only; \$800; for details contact Christine at 210-394-7144 or c.nuanes-rodriguez@swri.org.

Automotive

Cadillac Eldorado: 1995 Cadillac Eldorado ETC, 139,400 miles, NorthStar V8 4.6L with cherry bomb exhaust, white pearl in color, newly tinted windows, beige leather interior, new Good Year tires, Pioneer stereo with remote, factory alarm fob, new water pump, new brake pads and rotors; \$5,000; contact Jason Davis at 210-618-2984.

Baby and Children's Items

Convertible High Chair: Abbie Beyond Junior wooden high chair with tray, convertible chair for 6mo-adult (250lb weight limit), removeable cushions, baby/toddler straps, plastic covered tray, very good condition, 2 chairs available; \$130/each or \$200 for both; for details contact Alex Schluneker at alex.schluneker@swri.org.

Household

Antique Twin Bed Set: Twin antique bed frame with wheels, headboard and footboard with side rails; excellent condition, includes boxsprings; \$425; contact Paul Maldonado for details at 210-887-0077 or paul.maldonado@swri.org.

Metal Loft Bed: from Rooms To Go, fits full size mattress on top, full size futon on bottom that folds into a bed; includes futon mattress, attached desk, storage baskets, and shelves; in great shape; \$800; contact Angela Trader at angela.trader@swri.org for details.

Flume2 Water Monitor and Leak Detector: straps around water heater, connects to phone; \$50; for details contact Chris Ermlich at 210-885-0102 or chris.ermlich@swri.org for details.

Commuter Wheelchair: foldable, nova red, footrest, rugged wheels, weight is 27lb, capacity is 300lb, in great condition; \$200; contact Chris Ermlich for details at 210-885-0102 or chris.ermlich@swri.org.

Sporting Goods

Exercise Equipment: 9 in 1 Freak Athletic Hyper Pro with Leg Developer, new condition; \$600; contact Anissa Garcia for details at aagarcia@swri.org.

Tools

Compact Jobsite Table Saw with Stand: DeWalt 15amp corded 8.25in compact saw with stand included, lightly used, very good condition; \$250; for details contact Gregory Rawson at grawson@swri.org.

Wanted

Handyman Work: Handyman available to help with home improvement/maintenance projects, remodeling of floors, bathrooms, other rooms, large maintenance projects, and any other household jobs; \$300; contact Elaine Alvarez at 210-769-1012 for details.

Contact Information

The RRA operates through committees headed by a chair. The RRA Board of Governors Officers and Committee Chairs are listed below.

RRA Executive Board

Chair	Mary Ramos	x3353
Vice Chair	Anysha Ticer	210-258-9491
Secretary	Stacey Chavez	x6493
Treasurer	Jennifer Betz	x5369
Executive Secretary	Sara Kauffmann	x5100
SwRI Fitness Center	Sara Kauffmann	x5100
Committee Chairs		
Athletics	Luciano Smith	x6857
Employee Engagement	YongLi McFarland Carlos Sanchez	x2715 x3663
Health & Fitness	Matt Freeman	x2748
Membership	Linda Estes	x5642
Outreach	Shane Siebenaler	x5758
Publicity & Historical	Kimberly Guzman	x2714
Recreation	Turner Tarrillion	x2663
Social	Pauline Rico Vinny H. Cantu	x3145 x6273

For questions or comments about the Happy Times, call 210-522-5100.

Submit your ad for free!

Submit ads on the RRA website at rra.swri.org or email rra@swri.org by February 20 for the March Happy Times.

Looking for food, services, entertainment, travel, and other discounts?

Just click the link!



RRA DISCOUNTS

AT&T Center Concerts and Special Events, Majestic Theater and Broadway Shows, Live Musical Artists & More – ALL HERE!

Majestic Theater, AT&T Center Shows and others! Choose your own seats before they are open to the public for Broadway shows and receive discounts for other Live Performances. New line-ups are always being added so be sure to look for a complete discount list and purchasing details [HERE](#).

Looking for additional shows not provided on the Broadway link listed above?

Call 210-226-5967 and identify yourself as an ESM Member from Southwest Research/TX Biomed to inquire about performances and make your purchase. Performances & Shows may include but not limited to Monster Jam and off-Broadway performances.